

Brag Protocol (Alpha version)

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1. Bragger says "I have a brag." Bragger then proceeds to describe the brag. (*For example: I followed my alignment of courage and applied for a new job and I got it!*)
2. The rest of the team who are present, either one at a time or as a group, ask "You did that?"
3. The Bragger replies "I did that."

Commitments

1. If you want to Pass on supporting the Bragger be graceful. This includes not saying "I pass" out loud. Probably, remaining kind and silent will allow you to Pass gracefully.

Use of the Brag Protocol assumes use and adoption of the underlying Core Protocols as described in detail on mccarthyshow.com and covered by the GNU license.

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